

A Health talk on common gynaecological disorders was organised by Aggarwal College Ballabgarh on 19 November 2019 for all the women staff members of the college . The talk was delivered by Dr Divya Kumar senior consultant Gynaecology obstetrics and IVF QRG Health city Faridabad in association with youth Red Cross. In her enlightning talk she focused on common gynaecological problems faced by women .their early detection and how to cure them . She talked in detail about all the four phases in the life of a woman . She stressed on a healthy diet for a healthy body. She emphasised that for better living a sound health is required and for that proper awareness knowledge and self love is needed . This lecture was organised under the able directions of principal Dr Krishan Kant and by Dr Jaypal Singh counsellor YRC . Besides faculty,volunteers of YRC were also present.